

The INTERCHANGE

President's Message By Don Adams, P.E., PTOE



As we close the book on 2006, let me take a moment to reflect upon the ITE NY Upstate Section successes. We hosted an outstanding district meeting in Cooperstown, a section meeting that was full of strong technical sessions in Buffalo and wrapped up the year with a well-rounded Transportation Symposium in Albany. Special thanks to Steve Gayle, Paul Pfleuger and Shelly Johnston for organizing these ITE NY Upstate sponsored events. We are already planning events for 2007, starting with a combined technical/social event this January in Rochester. Keep an eye on your email for details.

As we look to the New Year, I encourage you to take advantage of these events and get involved! There is so much to gain, whether building friendships, making professional contacts or technical development. With that request, I am sure a couple of you are shaking your head saying "I don't have the time!" Unfortunately the old saying "make more time" is not possible, but managing your time will allow you to be more efficient and may provide you with the availability to participate in ITE. Managing your time also provides you with the piece of mind to understand what you need to accomplish and by when. Here are a couple basic time management tips that you may want to consider as you kick off the New Year:

- Start now
- Quiet time – start the day by creating a to-do list and prioritizing what you need to accomplish
- Monitor your use of time – understand how you are using your time will help you determine how you can become more efficient
- Keep your desk clear – Do as I say not as I do!
- Standardize – many of our tasks are repetitive, so look for opportunities to make them easier
- Overcome procrastination – Tackle the toughest tasks first and start early in the day when you have the energy to complete them
- Don't shuffle papers – dispose, file, handoff before you put it down
- Finish things – you will feel good about accomplishing something and you won't have to worry about it
- Delegate – Provide others with increased responsibility, they may appreciate it

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The INTERCHANGE

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ITE NY Upstate Section Treasurer Election Results

Ballots for the 2007 ITE NY Upstate Section Treasurer election were distributed in October and the results are in!

Michael R. Wieszchowski, P.E., PTOE

has been elected Treasurer of the ITE NY Upstate Section for 2007. Mike's experience includes graduating from Clarkson University with a B.S. in Electrical Engineering and spending 3 years as a Communications Officer in the US Army, before starting his traffic engineering career with the Florida Department of Transportation. In 1995, he began work at Clough Harbour & Associates, where he is currently an Associate and Senior Traffic Engineer in their Albany Office.



Michael R. Wieszchowski, P.E., PTOE
ITE NY Upstate Section Treasurer

Congratulations, Mike!

Welcome New Members

The ITE NY Upstate Section is proud to welcome our newest members. Below is a list of members that have joined the Section since our last publication. We look forward to meeting you at our next event!

Avinash G. Menon
Student, Cornell University
Ithaca, New York





Institute of Transportation Engineers
District 1



Chairman's Message

By Lynn A. LaMunyon, P.E., PTOE

ITE District One has had another exciting year.

The *ITE District One Annual Meeting*, hosted by the NY Upstate Section, was held in Cooperstown, NY from May 17-19, 2006 and was a huge success and very well attended. Many thanks go to the Chairman – Steve Gayle, and the entire Local Arrangements Committee. The venue was beautiful, as well as fun. Headquarters had a big showing, with both International Vice President Candidates, Alf Guebert and Rod Kelly, the current President, Rich Romer, the current Vice President, Earl Newman, all in attendance. The Welcome Reception was held at the Baseball Hall of Fame, and the banquet included a very entertaining comedy show and also included the presentation of the District Awards. The award recipients were:

Student Chapter Award – *University of Massachusetts at Amherst Student Chapter*

Student Paper Award – *Harsh Doshi, Rutgers University*

Section Award – *New England Section*

Annual Meeting Chairman Award – *Michael O'Rourke & Andy Paluri*

District One Chairman Award – *Rod Emery*

Harvey B. Boutwell Distinguished Service Award – *Michael Salatti*

The *2007 District One Annual Meeting* will be hosted by the New England Section in Providence, Rhode Island, on May 9-11, 2007 at The Providence Biltmore. This location is easily accessible from I-95, I-195, Route 6 and Route 10. The meeting Co-Chairs will be Gary Hebert and Frank Romeo. Mark your calendars now!

The *ITE 2007 Technical Conference and Exhibit*, "Managing Congestion—Can We Do Better?" will be held from March 25 - March 28, 2007 at the Sheraton San Diego Hotel and Marina, San Diego, CA and will highlight leading practice across the world and will identify new solutions and the integration of multiple solutions to address congestion issues in metropolitan areas.

The *ITE 2007 Annual Meeting and Exhibit*, will be held from August 5-8, 2007 at the David L. Lawrence Convention Center in Pittsburgh, PA.

The *District One Elections* have been concluded. Congratulations to the 2007 Executive Committee:

Chair: Michael Schauer

Vice Chair: Ken Petraglia

Secretary/Treasurer: Michael Salatti

It has been a pleasure serving the District this year and I look forward to my continued involvement in the future.

Remembering Harvey B. Boutwell

Harvey B. Boutwell (F), died on November 20, 2006. Harvey was a lifelong member of ITE, never leaving his native New England. He was a great friend and mentor to many in District 1 and each of its three Sections, including the New York Upstate Section. Peg, his wife of 60 years, was as much a part of the ITE family, and always provided a welcome for members and spouses alike.

Harvey was born on May 16, 1924 in Concord, New Hampshire. He received his B.S. in Engineering from Yale University in 1946. In 1954 Harvey joined the New Hampshire Highway Department in the Secondary Roads, Planning and Economics Division. He joined ITE during that period and became active in the New England Section. In 1960, the Highway Department sponsored Harvey's participation in the Bureau of Highway Traffic at Yale University. He graduated in 1961 in one of the largest classes in the history of the program, and in 1964 he returned as a research assistant in the Bureau. Harvey spent four years there, and in 1968 joined Kaehrle Traffic Associates in West Hartford. In 1971 he started his own firm, Highway Traffic Consultants.

Harvey was dedicated to the technical and administrative activities of ITE. He went through the chairs in the New England Section and was Section President in 1970. In 1971 he participated in the ITE Constitutional Convention in Hot Springs, Arkansas. It was this event that created the ITE District structure that we know today, so in a sense Harvey is a founder of District 1.

He served as the International Director for District 1 from 1974 through 1976. He served on numerous Board committees, and was active in the development of the Traffic Technicians Training Program during the mid 1970s. Upon completion of his International Board service, Harvey served as Chairman of District 1 in 1977.

Harvey's career in ITE was always about service to the Institute and the profession. He received the New England Section's first Distinguished Service Award in 1974. At the 64th Annual Meeting in Dallas, in 1994, ITE awarded Harvey the Burton. W. Marsh Distinguished Service Award, ITE's highest recognition of outstanding contributions to the advancement of the Institute over a period of several years

He encouraged the District 1 Board to create the position of District Administrator, to relieve the elected officers from the burdens of maintaining financial, membership, and historic records. He then served as the first Administrator from 1988 to 1998, and subjected each successive District Treasurer to learning his somewhat unique accounting system.

District 1 had in 1981 established the District 1 Distinguished Service Award. At the 1998 District 1 Annual Meeting, held in Portsmouth, New Hampshire, the Board voted unanimously to rename the award the Harvey B. Boutwell Distinguished Service Award. They had concluded that no one individual could better exemplify service to the District.

Harvey and Peg rarely missed a District 1 meeting. Those of us lucky enough to be among his many ITE friends will miss him.



ite
District 1 Annual Meeting
May 9-11, 2007
Flexible & Innovative Design Solutions
The Providence Biltmore
Providence, RI
Mark Your Calendar!

**Institute of Transportation Engineers
2007 Technical Conference and Exhibit**

Managing Congestion - Can We Do Better?
Held in cooperation with the Federal Highway
Administration



March 25-28, 2007
Sheraton San Diego Hotel & Marina
San Diego, CA, USA

For more information, visit
<http://www.ite.org/Conference/>

**Institute of Transportation Engineers
2007 Annual Meeting and Exhibit**



August 5-8, 2007
David L Lawrence Convention Center
Pittsburgh, PA, USA

For more information, visit
<http://www.ite.org/meetcon/index.asp>

ITE/NYSMPO 2006 Fall Conference

By Paul Pfleuger

The working relationship between the New York Upstate Section of ITE and the New York State Metropolitan Planning Organizations (NYSMPO) provided a wonderful 2006 Fall Technical Conference, which was held in Niagara Falls, New York. With a program centered on safety and operations, the conference drew 69 participants.

The conference was held on October 3, 2006 at the Convention Center – Niagara Falls. This location provided the opportunity for members from Canada to participate. We had presenters from the public and private sectors, and from around the US and Canada. The sessions included emergency and evacuation planning, safety planning for the future, wireless traffic signal interconnect, and two sessions looking at border crossings.

The meeting featured the annual awards presented at the luncheon ceremony. We have to thank the volunteer local arrangement committee for their work for months prior to the conference.

Hal Morse	<i>Conference Co-chair</i>
Paul Pfleuger	<i>Conference Co-chair</i>
Tom George	<i>Registration</i>
Kelly Thomson	<i>Technical Program</i>
Eric Logan	<i>Finance</i>
Mary Rowlands	<i>Gifts</i>
Don Adams	<i>Continuing Education</i>
Kim Fabend	<i>Publicity</i>
Nicholas Cerro	<i>Publicity</i>
Tanya Zwahlen	<i>Corporate Sponsors</i>

Thank you to all of the presenters, sponsors, and participants who made this year's Fall Conference a huge success!



2006 ITE NY Upstate Section Awards

At the 2006 Fall Conference luncheon, the annual Section Transportation Achievement Awards were presented to individuals and project teams in recognition of their outstanding contribution to the transportation field and the ITE NY Upstate Section.

Transportation Project Award

The recipient of this award has demonstrated advancement in the use of technology, practical application or implementation techniques, cooperation & coordination with multiple jurisdiction/agencies. The winner of this year's project award was:

West Ridge Road Gateway

Rochester, NY

City of Rochester, Bergmann Associates,
Sealand Contractors Corp.

This project is deserving of this award due to its context sensitive design approach. The West Ridge Road Gateway project is highlighted on page 9.

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Recipients of the Transportation Project Award
West Ridge Road Gateway, Rochester, NY

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Carol A. Keck Award

This award is given to a NY Upstate Section member for continuous outstanding contribution to the ITE New York Upstate Section. This award was presented to **Lorenzo Rotoli, P.E., PTOE**, the traffic manager at Fisher Associates. Lorenzo's commitment to ITE has been unparalleled the last six years. In addition to being an NY Upstate Section officer Lorenzo chaired the District Meeting in Rochester and the Section meeting in Rochester, he led the finances for the most recent District meeting in Cooperstown and has provided PTOE training for the Upstate Members of ITE.

Lorenzo exhibits high professional standards and ethics along with excellent technical and communication skills. He displays leadership through his management and ITE related responsibilities. Lorenzo is able to generate enthusiasm and successfully lead a team through a project or volunteer effort. He is always willing to step forward to help solve problems and willing to volunteer for ITE when needed. Lorenzo is someone that the Executive Board can always depend upon to help with Upstate activities.

Most importantly Lorenzo has stayed active in Upstate activities beyond his term on the executive board and follows up with the current board to make sure that the NY Upstate Section of ITE continues to take care of its members. Thanks, Lorenzo, and congratulations!

***More photos from the 2006 Fall Conference...
All photos courtesy of Mike Wieszchowski.***



Section President Don Adams



Section Vice President and Conference Co-Chair Paul Pflueger



Lorenzo Rotoli accepts the Carol A. Keck Award.



Niagara Falls at Night

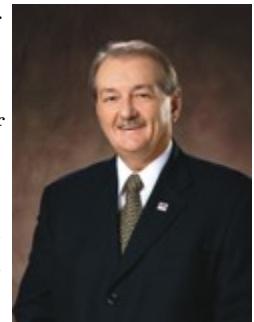
2006 Transportation Symposium

By Shelly Johnston

Approximately 100 transportation professionals from across the State recently participated in the annual Transportation and Planning Symposium. This was the sixteenth year that ITE members from the Capital Region have collaborated with area professional societies to sponsor the two-day conference. The Symposium was co-sponsored by the Albany Society of Engineers, American Society of Civil Engineers, Capital District Planners Association, Institute of Transportation Engineers and the NYS Society of Professional Engineers.

The conference began with a workshop on SAFETEA-LU presented by FHWA. Each of the five sponsoring organizations then presented one technical session. The session topics were diverse and included presentations regarding congestion; public private partnerships in New York; quality communities; incident management, and transportation planning for boomers. Engineers and planners in attendance earned continuing education credits for each of the technical sessions.

One highlight of the conference was the keynote speaker, Dr. Harold Worrall, the President of Transportation Innovations, Inc., a consortium of toll and ITS professionals dedicated to stimulating innovation in the transportation community. Dr. Worrall's insightful remarks were based on his recently published book, *A System at Risk: The Economics of Transportation*.



Dr. Harold Worrall

We were also fortunate to have Ruth Horton from the New York State Energy Research and Development Authority (NYSERDA) as our lunch speaker. Ms. Horton spoke about alternative transportation fuels, clean and efficient vehicles, and advanced transportation technologies.

A big THANK YOU to ITE members Don Adams, Shelly Johnston, Mary Rowlands and Lorenzo Rotoli who contributed to the success of the Symposium by participating in the planning of the conference and/or making a presentation.

President's Message

(Continued from page 1)

Most of you have probably seen these tips before, but if you are like me, a friendly reminder doesn't hurt.

Once again, I would like to thank all the members who were actively involved this past year, whether planning a conference, presenting at a conference or attending a conference. You all play an important role in the continued success of ITE. To the Board Members, it has been a pleasure to work with you and thank you for all your help. Congratulations to Mike Wieszchowski on being elected to the Executive Board! Mike brings years of experience from working with the Executive Board as the Newsletter Editor.

I would like to end this year with a reminder to:

- Continue to **mentor** at all levels, starting in our schools. This is important to the future of transportation engineering. Look for a mentor for yourself, someone that can help your career expand.
- **Communication** with the people you work with, the people you work for and the public is critical component of our profession. Start by listening and understanding.
- Please integrate **safety** into your planning and design! It is your opportunity to make a difference.

Happy New Year,
Don

2006 Transportation Project Award Winner

West Ridge Road Gateway

City of Rochester, Bergmann Associates, Sealand Contractors Corp.

The City of Rochester's *West Ridge Road Gateway Project* successfully accomplished a signature, community-focused, transportation corridor transformation. This project balanced form with function, technical innovation with historical context, enhanced traffic mobility with increased pedestrian safety, while improving quality of life objectives for the adjoining neighborhoods.



PROJECT COMPLEXITY AND SIGNIFICANCE

This 0.8 mile section of West Ridge Road from Hanford Landing Road to the Veterans Memorial bridge was a six lane highway wrought with congestion and accidents. This major arterial also divided an historic Olmsted Park at a point where a high speed expressway (NY 104), carrying 70,000 cars per day, enters into an historic City neighborhood where it becomes an atgrade urban arterial.

Designers undertook a *context sensitive* design approach, where commuter traffic and travel demands at the busiest crossroads in the City had to be balanced against the needs of the local businesses and residents. The end result is a safe, aesthetically pleasing, traffic calmed corridor, capable of accommodating future high traffic volumes, while also respecting the neighboring land uses, the environment and its users.

For more information about the West Ridge Road Gateway project, visit www.rebuildwestridgeroad.com

INNOVATIVE DESIGN AND COST EFFECTIVE SOLUTIONS

Traffic Calming

Designers took an innovative *traffic calming* approach to reducing the 60 mph expressway speeds of westbound cars entering into the City's residential/industrial corridor. Geometric and physical features were utilized to modify driver behavior, creating an environment where driver's "want" to reduce their speed.

Gateway Pedestrian Bridge

The centerpiece of the project is a \$3 million dollar gateway pedestrian bridge, serving as a signature portal into the City of Rochester. Spanning seven lanes of traffic, this structure not only provides a vital pedestrian link between the Maplewood Neighborhood and Genesee River Gorge Trail, but also serves as a traffic calming feature and wayfinding landmark.

ITS Monitoring Cameras and Fiber Optic wiring

Three traffic monitoring cameras were installed along the corridor and are linked to the Regional Traffic Operations Center where they can be monitored and controlled remotely. The Triangle area is also a major hub for the fiber optic network in the northern part of the County. An above ground fiber optic cabinet was installed to house the traffic monitoring camera modems, fiber optic junction boxes linking the traffic signal controllers in the triangle area to the County's fiber optic system.





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NEW YORK UPSTATE SECTION

Dates to Remember.....

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